



## nail treatments

EACH WOODHOUSE PEDICURE OR MANICURE BEGINS WITH A CALMING RITUAL INCORPORATING OUR SIGNATURE ESSENTIAL OIL BLEND TO INDUCE DEEP RELAXATION. YOUR EXPERIENCE IS COMPLETE WITH THE PERFECT POLISH.

THE WOODHOUSE SIGNATURE SEAWEED LEAF PEDICURE

(80 Min.).....\$95

LAVENDER & SEAWEED SUGAR SCRUB PEDICURE

(50 Min.).....\$75

THE WOODHOUSE SIGNATURE HAND RETREAT

(50 Min.).....\$65

WARM AGAVE NECTAR MANICURE (50 Min.).....\$55

GENTLEMAN'S MANICURE

(25 Min.).....\$40

ADD FRENCH POLISH

ADD SHELLAC POLISH

.....\$15

GEL/SHELLAC REMOVAL

#### spa reservations

To ensure your preferred reservation time, it is recommended you schedule your spa experience with as much advance notice as possible or at the conclusion of your last experience. Our professional staff allocates time especially for each guest, therefore, a credit card is requested to guarantee these reservations. All spa experiences are subject to availability. Menu services and prices are subject to change without notice. We reserve the right to refuse service to anyone.

## spa arrivals

To begin your spa journey in a relaxed state, we ask that you arrive 15 minutes prior to your scheduled reservation time. For new guests, please allow 30 minutes to accommodate completion of your guest profile. Spa robes, slippers, and beverages are provided for your comfort. Delayed arrival will limit the time for your experience, reducing the effectiveness of your treatment and the expectations of your visit. In consideration of other spa guests, service time will not be extended for delayed arrivals, and the full price of your service will be charged. Please notify our staff if there are any special physical or medical needs or conditions they need to consider prior to your services (i.e. pregnancy, food or product sensitivities, or aggressive medications). We recommend that valuable items be left at home. The Woodhouse Day Spa® is not responsible for lost or stolen items.

#### spa cancellations or rescheduling

As a courtesy, you will receive a confirmation of your reservation prior to your arrival. Should the need arise to cancel or reschedule reservations, a 24-hour advance notice is required to avoid a \$25.00 cancellation/rescheduling fee. Reservations cancelled within 6 hours of the scheduled reservation time will incur a cancellation fee of 50% of the total amount of services scheduled. All no-show reservations will be assessed a charge at full value of services. Spa Parties are subject to terms of agreement for cancellations.

## spa payments & gratuity

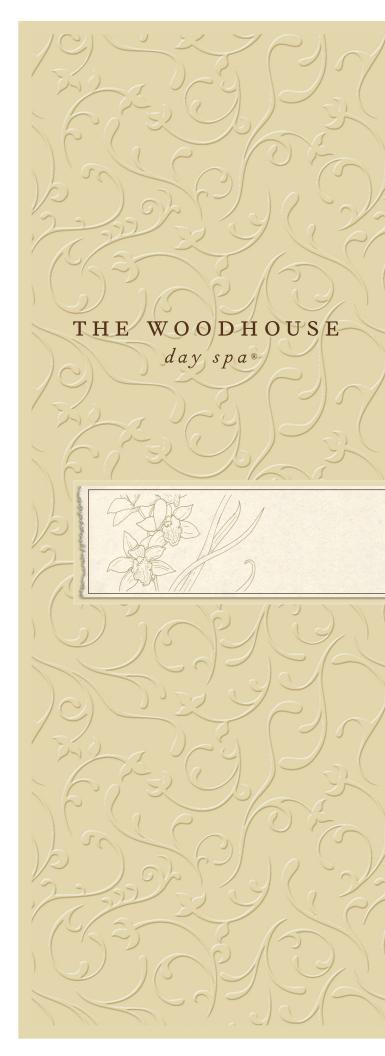
Hotel guests of The Westin Riverwalk have the added convenience of charging spa services and retail to their room. Payments are also accepted in the form of Cash, most Major Credit Cards and The Woodhouse Day Spa® Gift Cards. An 18% gratuity will be automatically added to your bill for convenience.

# THE WOODHOUSE

day spa®

AT THE WESTIN RIVERWALK 420 W. MARKET STREET SAN ANTONIO, TEXAS 78205 210.444.6170 GUEST EXTENSION: 6170

TheWestinRiverwalk.WoodhouseSpas.com



## skin care

OUR HOLISTIC APPROACH TO ATTAINING BEAUTY TAPS INTO THE BEST OF NATURE BY COMBINING NATURAL AND CERTIFIED ORGANIC INGREDIENTS WITH BREAKTHROUGH ADVANCED SKIN CARE. ALLOW OUR SKIN CARE EXPERTS TO RECOMMEND THE PROPER HOME CARE PROGRAM TO HELP YOU MAINTAIN YOUR SKIN'S HEALTH AND YOUTHFUL APPEARANCE.

#### THE WOODHOUSE SIGNATURE MINKYTI FACIAL

Our age-defying, award-winning facial.

This revolutionary seaweed facial is a truly me-time treatment with extraordinary results. A handcrafted "Minkyti" massage technique regenerates and oxygenates the skin. Freshly harvested seaweed leaves are placed on the face over a warm poultice seaweed mask to nourish and hydrate the skin. To top it off, we enhance the mask with a relaxing head, neck and shoulder massage.

(80 Min.) ......\$185

## SKIN REPAIR & FIRMING FACIAL

Perfect for dry, dehydrated or mature skin. This facial combines state of the art microcurrent technology and products with cutting edge ingredients.

(50 Min.) ......\$150 (80 Min.) ......\$185

#### ILLUMINATING FACIAL

Lighten up! Reveal a brighter complexion with this corrective treatment created specifically to reverse the effects of premature aging caused by sun damage. Lightens hyperpigmentation and leaves your skin glowing.

(50 Min.) ......\$155

## REFINING ACNE FACIAL

Your skin will feel fresh, cleansed and re-balanced with a visibly clearer complexion! Designed to not only treat acne, this facial also corrects the signs of damage from blemishes - a truly refining experience!

(50 Min.) ......\$145

## ORGANIC DISCOVERY FACIAL

Restore clarity and radiance with this introductory facial. Ideal for the first time spa-goer or a new Woodhouse guest who simply wants a taste of the goodness we have to offer.

(50 Min.) ......\$125

## GENTLEMAN'S HOT TOWEL FACIAL

For the sophisticated man looking for a no fuss, resultsoriented facial experience. Relax with a traditional barber hot towel technique enhanced with nutrient-rich products. Skin is cleansed, toned and conditioned as irritations from shaving or sun-exposure are soothed. We combine the mask with a light scalp massage.

(50 Min.) ......\$125

## SEAWEED MARINE EYE TREATMENT

Close your eyes and imagine cool, refreshing seaweed leaves and a luxurious scalp massage! This relaxing and effective treatment uses specialized products rich in seaweed extract, green tea and vitamin c, directed at signs of aging and puffiness around the eyes. Leave looking and feeling renewed.

(25 Min.) ...... \$65

#### WAXING SERVICES

Waxing services are available.
Please contact our Spa Concierge for pricing.

# massage

THE WOODHOUSE MASSAGES INCORPORATE A FOOT CLEANSING RITUAL AND ESSENTIAL OIL TREATMENT TO INDUCE DEEP RELAXATION. EACH MASSAGE USES A TECHNIQUE WE CALL "TOUCH WITH INTENT" COMBINING SCIENCE AND ART FOCUSED ON THE RELATIONSHIP BETWEEN CARING AND HEALING. EACH STYLE OF MASSAGE ASSURES TENSION RELEASE, CIRCULATION ENHANCEMENT AND OVERALL WELLNESS.

#### RELAXING BACK, NECK & SHOULDER MASSAGE

A focused massage to remove lactic acid and eliminate chronic deep knots. Arise relaxed, yet invigorated.

#### SWEDISH MASSAGE

This classic stress-relieving massage utilizes long, flowing strokes to reduce tension, increase circulation and induce relaxation. Great to unwind or as an introductory massage.

(50 Min.)........\$125, (80 Min.)......\$170, (110 Min.)......\$210

## DEEP TISSUE MASSAGE

This therapeutic massage uses strategic strokes to increase circulation, release muscle tension and remove lactic acid.

(50 Min.)......\$135, (80 Min.)......\$180



#### THERAPEUTIC STONE MASSAGE

A full body massage, encompassing warm stones with light to moderate pressure. Experience this time-honored practice which brings deep, restorative rest. Our massage therapist gently glides smooth stones over the body, providing warmth that soothes mind and muscles, increases circulation, improves tone and induces tranquility and serenity. Himalayan Salt Stone or Volcanic Stone available by location.

(50 Min.)......\$165, (80 Min.)......\$210

#### MELLOW MAMA

Nurturing full body massage for moms to be! Using safe and effective pre-natal techniques and award winning products, this massage will help with dehydrated skin, exhaustion, and puffy hands and feet. Special attention to easing lower back muscles and providing home care tips for skin fitness throughout pregnancy.

(50 Min.)........\$135, (80 Min.) .........\$185

## DUET MASSAGE

Performed in a serene setting, the duet massage encourages unity, connection and collective calm. Ease stress and unwind as two therapists perform side-by-side Swedish Massages that help the two of you relax.

(50 Min.).......\$250, (80 Min.)......\$340, (110 Min.)......\$420

## THE WOODHOUSE SIGNATURE FOUR-HANDED MASSAGE

Two therapists and four hands perform with choreographed, rhythmic movements that induce deep relaxation. Therapists perform a full body massage, reflexology and hypnotic scalp massage to create a sense of calm and well-being. Organic aromatic oil soothes the senses and nourishes the skin.

Emerge renewed and serene. (80 Min.) ............\$340

#### REFLEXOLOGY

# sleep treatments

## LAVENDER DREAMS

This exclusive massage experience uses wild crafted lavender and purposeful massage techniques to help you unwind, decompress and relax into much needed rest. You will wake feeling refreshed and renewed!

(50 Min.) ......\$120

#### THE SOMA

Combining the ancient arts of reflexology foot massage and shirodhara scalp massage, this ayurvedic experience integrates the mind and body by calming the nervous system to achieve awareness and contentment. (50 Min.) ...........\$120

#### DEEP SLEEP MASSAGE

The only one of its kind, this deeply relaxing head, neck and shoulder and back massage, uses warmed organic aromatherapy oils specifically designed for limitless relaxation. A calming tea ritual follows with a heated herbal compress placed on tense back muscles to melt away stress, as you fall into a deep slumber.

(80 Min.) ............\$170

# body treatments

OUR BODY RITUALS ARE INSPIRED AND INTENDED FOR VERY SPECIFIC PURPOSES. WHETHER TO CALM THE NERVOUS SYSTEM, REDUCE WATER RETENTION AND INCREASE CIRCULATION OR ENLIVEN THE SENSES, YOU WILL RETURN TO YOUR DAY FEELING PROFOUNDLY AND MAGNIFICENTLY DIFFERENT.

## THE WOODHOUSE ESCAPE

Experience peace and harmony of body, mind and spirit with seven specialized treatments. This blissful, head-to-toe ritual begins with a luscious body scrub followed by a nourishing volcanic stone massage. Next, hypnotic neck and shoulder massage release upper body tension with our exclusive serene oil. This escape closes with the restorative ancient art of reflexology performed on the feet.

(110 Min.) ......\$265

#### ORGANIC SEAWEED LEAF WRAP

A truly amazing body therapy inspired by the sea. Fresh leaves of Atlantic seaweed cocoon the body to detoxify, moisturize, soften and revive the body. The treatment begins with an exfoliation using finely ground seaweed, which is followed by a wrap of seaweed for the body. While the seaweed's minerals, vitamins and amino acids work their magic, you will be treated to a relaxing scalp massage.

(80 Min.).....\$185

## WARM SPICED MUD WRAP

Seaweed taken fresh from the ocean is combined with purifying elements of peat to produce a mud wrap rich in potent antioxidants, minerals and enhanced with organic ginger and cinnamon. Results driven guests will love the immediate effects on the skin, including firming and toning. A serious detoxifier, metabolism stimulator and a natural anti-aging boost.

(50 Min.).....\$130

WILD LAVENDER & SEAWEED SUGAR GLOW
This treatment uses a medley of ingredients
including organic seaweed, wild-crafted
lavender buds and organic sugar to invigorate,
exfoliate and nourish the skin. Afterwards,
you will enjoy an application of fresh
hydrating lotion. This aromatic body sugar
scrub melts tired muscles while soothing and
softening the skin.

(50 Min.).....\$135

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